



Helping Makes U Happy

December 30, 2019 · 🌐

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Keith Caputo

December 30, 2019 · 🌐

I hope this picture makes u smile because- oh, the things I do for my mother!!
As the year winds to a close we just wanted to take a minute to say once again how grateful we are for all of you who support Helping Makes U Happy in one way or another:

- *Because of you-we were able to provide so many families with food boxes throughout the summer and the holiday season
- *Because of you-we were & are able to replenish many local food pantries time after time
- *Because of you-we've been able to give 250 kids comfort cases so they wouldn't feel so alone
- *Because of you- we've provided many, many kids in need with backpacks filled with School supplies
- *Because of you -we've helped fulfill wish lists for families going through cancer treatments
- *Because of you -we've provided hundreds of coats, hats, & gloves to schools, street ministries, the homeless, and people who've fallen on hard times
- *Because of you -we've been able to give local families a Merry Christmas, and we've been able to help the Family Service League, and the Suffolk County COPE officers do the same
- *Because of you-we can offer scholarships at 4 different high schools to students committed to community service
- *Because of you, your donations, your support, your volunteerism all of which make our events successful -we can continue to help those in need & inspire others to do the same.

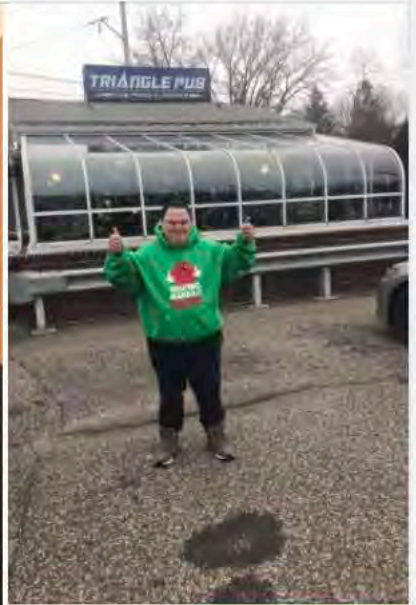
❤️ I love you all, I appreciate you each & every day, and I wish you the happiest, healthiest New Year possible !❤️



Helping Makes U Happy

December 26, 2019 · 🌐

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Keith Caputo

December 26, 2019 · 🌐

It's baaack! The Helping Makes U Happy annual scholarship fundraiser!! \$5/ ticket gets you a chance to be one of our 2 winners of food for 12-15 ppl, decorations, and a 55" tv delivered to you on Super Bowl Sunday! *New this year- beat those winter blues by coming down to the Triangle Pub in Eastport on 1/19 /20 where we'll be having a Chinese Auction (winner need not be present) & selling the raffle tickets from noon to 7:30 when we'll draw our 2 winning tickets. Come visit us and help us raise \$ for scholarships in CM, ESM, Wm. Floyd, & Westhampton. While you're there treat yourself to some of those burgers or other yummy food the Triangle has to offer!

Here's our schedule so far:

King Kullen, CM Jan 4 & 5

TJ'S Hero's, Mastic Beach Jan 8 & 15 afternoons

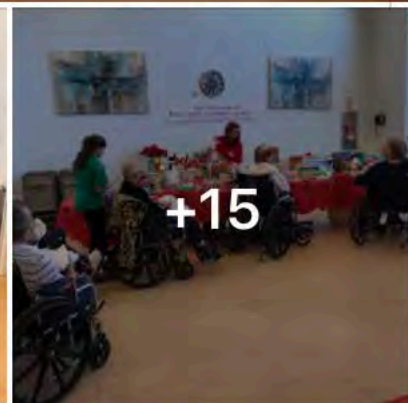
TJ'S Hero's, Mastic Beach, Jan 11 & 18 mornings

As always, if you see us out & about and want to buy a ticket, just ask- mom has them with her 😊



Helping Makes U Happy

December 21, 2019 · 🌐



Keith Caputo added 19 new photos to the album: The First Oasis Holiday Boutique — with Cassy Caputo and Amy White.

December 20, 2019 · 🌐

It was such a GREAT day! Thx to everyone who donated gifts and all the volunteers who helped! You made the residents very happy 😊🎄



Helping Makes U Happy

December 21, 2019 · 🌐



Keith Caputo is with **Tara Kochanskyj**.

December 20, 2019 · 🌐

Thank you Raynor Country Day School for all these donations of hats, gloves, & scarves. You're Awesome! [#helpingmakesuhappy](#)



Helping Makes U Happy

December 21, 2019 · 🌐



Keith Caputo

December 20, 2019 · 🌐

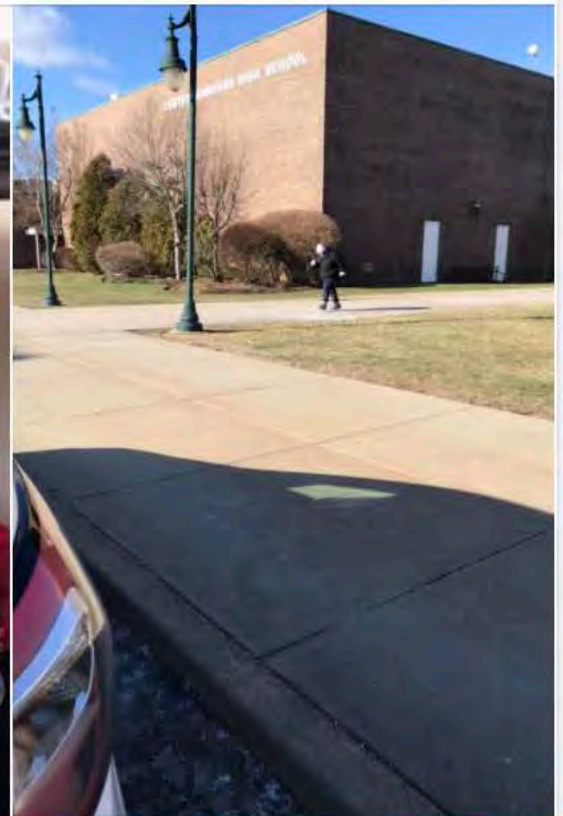
Thank you ESM high school for your amazing donations to our coat drive.

[#helpingmakesuhappy](#)



Helping Makes U Happy

December 19, 2019 · 🌐



Keith Caputo

December 19, 2019 · 🌐

Today was delivery day to our Christmas families. It took most of the day because we were blessed by so many. Not without a glitch or 2, and of course it WOULD be the coldest day of the year!! But we had some amazing helpers, and of course you my friends, and thx to all there'll be a lot of happy children on Christmas morning! Now on to the holiday boutique at Oasis tomorrow afternoon, the ugly sweater party at Buoy One tomorrow night and then it's time to concentrate on our family!



Helping Makes U Happy

December 12, 2019 · 🌐



Keith Caputo is 😊 feeling appreciated with Cassy Caputo.

December 12, 2019 · 🌐

Thank you to the Suffolk County Rehabilitation Council for inviting me n Mom to speak at your luncheon today, and for being such a wonderful audience. We had a great time telling you about Helping Makes U Happy 😊 Thank you also for the collection of toys for the families we are helping and the donation to our non-profit!!



Announcing...



Suffolk County Rehabilitation Council **Please Join Us for our "End of 2019" Meeting and Luncheon** **Presenting Guest Speakers . . . Keith and Cassy Caputo of** **Helping Makes U Happy**

Keith Caputo has Down Syndrome and is the founder of *Helping Makes U Happy*. Keith is making a difference in this world by helping people in need. "I love helping...it makes me happy; it makes the people we help happy. And, if just one person looks at what I do and says, 'well if he can do it I can too,' then I can say maybe I've made a difference." His Mother, Cassy Caputo is the chairperson of this 501(c) (3) not for profit charity located in Center Moriches. For 22 years Cassy was involved in volunteering with various local organizations, and was a former board director of the Moriches Community Center before leaving to help her son Keith found *Helping Makes U Happy, Inc.*

Helping Makes U Happy demonstrates how every human is capable of making a difference through volunteering; and inspires others to make a difference in their community with the belief that doing good not only helps the lives of the less fortunate, but their lives as well. *Helping Makes U Happy* performs food, clothing and coat drives. They feed the needy, provide Halloween costume give away, Chinese auctions, Thanksgiving Food Boxes, Prom dress give away, Toys for the Holiday and much, much more.

Helping Makes U Happy is the proud winner of the 2019 Long Island Imagine award.

**** We request that you bring an unwrapped toy/craft/book for a child who would really appreciate it this time of year! (This will be given to *Helping Makes U Happy*)**

Thursday, December 12, 2019

1:00-3:30 Hauppauge Palace Diner ([Directions](#))**

525 Smithtown Bypass Hauppauge NY 11788 Tel: 631/724-1775

...

Fee: \$26.* members; \$30.* non-members

***MUST RSVP and pay in advance please!**

Make check payable to:
Please RSVP by 12/6/19

Suffolk County Rehabilitation Council

mail to: Susan Fernandes c/o IGHL

221 North Sunrise Service Rd.

Manorville, N.Y. 11949

For additional information:

Call 631/878-8900 x 143

or 631/360-2753

Fax 631/878-8962

e-mail sfernandes@ighl.org

imadarash@accesslinx.com

Keith Caputo

December 12, 2019 · 🌐

I am so honored to be speaking to this group today! Thank you for this opportunity Susan Fernandes @ IGHL -It's a wonderful thing when people at your work support and encourage your mission ❤️



Helping Makes U Happy

December 12, 2019 · 🌐



Keith Caputo is with Sal Ferr at Carlos Pizza - Manorville.

December 12, 2019 · Manorville · 🌐

Photo on left Tuesday, photo on right Wednesday. What a difference a day makes! Carlos Pizza you ROCK and so do your customers! ❤️ #helpingmakesuhappy #2019coatdrive



Helping Makes U Happy

December 11, 2019 · 🌐



Sal Ferr ▶ ESM Community

Yesterday at 12:50 PM · 📷

Today only bring a coat and you'll get a slice for your troubles



Carlos Pizza - Manorville

Yesterday at 11:51 AM · 🌐

Let's do one big push before Christmas is here. Bring a coat and get a regular slice today only (Tuesday 10th). (Limit two slices per customer).



Keith Caputo

December 11, 2019 · 🌐

I wish I'd have seen this yesterday so I could've shared it! Sal has single-handedly made our coat drive EXPLODE this year and we at HMUH are so grateful!



Helping Makes U Happy

November 29, 2019 · 🌐



Keith Caputo

November 29, 2019 · 🌐

Hi friends! If you'd like to help us make a happy holiday for a family member or members of some of the referrals we've received, please take a look at our Christmas Families list and sign up:) We've taken the bigger items out to purchase ourselves, but there's still a lot left for happy helping! Anything would be appreciated [#helpingmakesuhappy](#)



SIGNUPGENIUS.COM

Christmas Families

Please review the available slots below and click on the button to sign up. Thank you!





Helping Makes U Happy

November 8, 2019 · 🌐



Keith Caputo is with **Robert Gluck**.

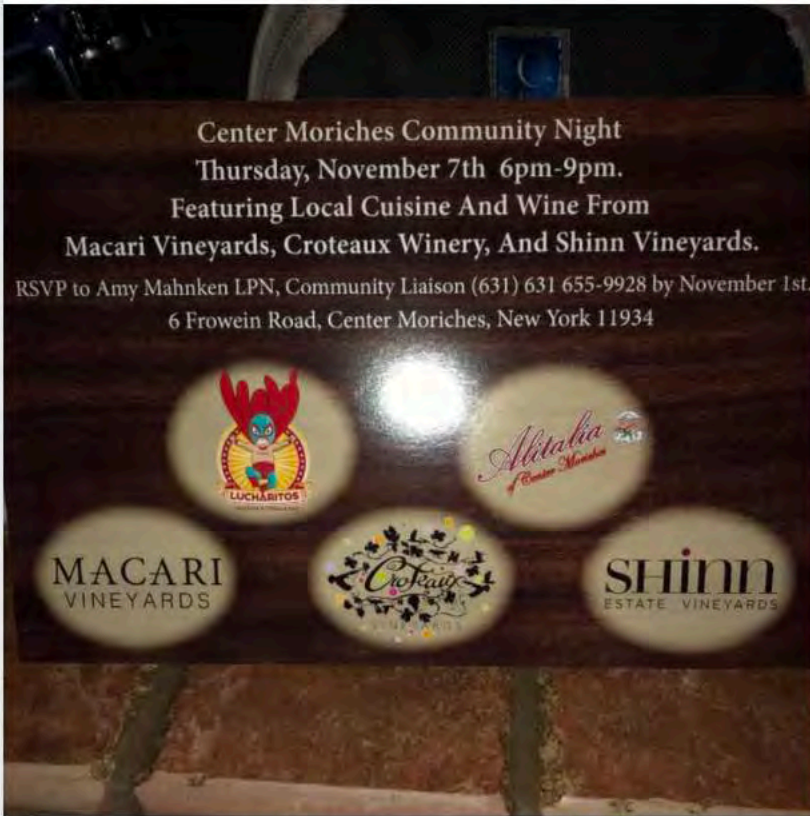
November 8, 2019 · 🌐

Any day you make a new friend is a great day. Today I made an AMAZING, new HELPING friend named Rob Gluck. He and his wife Georgia are the new owners of the updated laundromat on Moriches Middle Island Road in Manorville-Royal Laundry Corp. The Gluck's offered to let us put a coat collection box in their laundromat AND they also so very generously offered to wash ALL the coats we are collecting for no charge! Is that not super amazing?!?! What great, giving back ppl! If you are ever in need of laundry services please support them- I know we will 😊. Thx to [Sal Ferr](#) of Carlos Pizza for the connection and to my friends in the 5th grade at OLQA for the box! 😊



Helping Makes U Happy

November 7, 2019 · 🌐



Keith Caputo is with Cassy Caputo and 4 others.

November 7, 2019 · 🌐

Perfect ending to a perfect day! I love networking! 😊



Helping Makes U Happy

November 7, 2019 · 🌐



Keith Caputo

November 7, 2019 · 🌐

So how's YOUR day going? My day is going FANTASTIC thx to the awesome folks @Suffolk Federal Credit Union who presented us with a check for \$2,500 this morning, \$500 of which came from cash donations from their AMAZING members who also donated 650 lbs of food- 100 lbs more than last year! Helping Makes U Happy thanks you all from the bottom of our hearts for caring so much about your communities and neighbors in need! [#welovesuffolkfederalcreditunion](#) [#mostamazingmembers](#). [#helpingmakesuhappy](#)



Helping Makes U Happy

November 5, 2019 · 🌐

Parent Teacher Organization
bloom
"helping to water the seeds"



The Bloom PTO and Helping Makes U Happy have teamed up to help those less fortunate this November

Deposit new or used hats, gloves, scarves, coats and hoodies in the clothing bin located in our front office during the month of November

All items will be given to Helping Makes U Happy who will distribute them to those in need throughout the season



Carlos Pizza - Manorville

8 mins · 🌐

Now that the weather has gotten cold we want to top off our donation box so people in need can use them.

If you have any gently used coats or hoodies drop them off so we can send them over to **Helping Makes U Happy** and we can keep filling it.



The North Face Riverhead Outlet

Thursday at 10:29 AM · 🌐

g the ENTIRE month of November we will be giving out Island Harvest and Helping Makes U Happy!! You can stop in and donate food for Island Harvest or participate online at <https://fooddriveonline.org/islandharvest/northface> You can also stop in and donate your old coats to Helping Makes U Happy! You can even buy and donate at the same time!! #Riverheadgivesback



Keith Caputo

November 5, 2019 · 🌐

Supposed to be really cold this weekend- let's fill'em up please for folks in need! Huge thx to Carlos Pizza-Manorville, The North Face- Tanger Outlets Riverhead, and Bloom-Moriches ❤️



Helping Makes U Happy

October 18, 2019 · 🌐

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Helping Makes U Happy's



Survivor's Little Helper
Halloween Costume Giveaway
Backpacks/School Supplies
Birthday Club

Comfort Totes
Holiday Toys
Feed the Families
Hoodies for the Homeless

Annual Chinese Auction

...the happiest auction around!!

Saturday, October 19th 2019
Center Moriches High School Gym
311 Frowein Road, Center Moriches

Doors Open at 4:00 *Winners Chosen at 6:30*
Winners need not be present, but large prizes must be taken that night

Super Prize tickets \$10 each!

3 LEVELS OF PRIZES
White-\$5 per sheet of 25 OR 3/\$10
Blue-\$10 per sheet of 15 OR 3/\$20
Red-\$5 each OR 5/\$20

Food available for purchase from



\$10 Admission includes FREE 25 ticket card



DJ Services donated by



Keith Caputo

October 18, 2019 · 🌐

YIPPEE!! THE TIME HAS FINALLY ARRIVED! 350 PRIZES!!! Come on down to CMHS -4 pm, Oct 19. You do NOT want to miss this 😊



Helping Makes U Happy

October 17, 2019 · 🌐



Nettie's Country Bakery

October 17, 2019 · 🌐

This Saturday is the [Helping Makes U Happy](#) Annual Chinese Auction. [Keith Caputo](#) works tirelessly on this event and it's always a great day (with some great prizes!) Stop by to support a great cause.

Oh yeah, be sure to pick up some of these H MUH chocolate chip cookies and brownie bites while you're there! All proceeds go to Helping Makes U Happy!

👍 Lisa Corn, Shannon Clowry Luongo and 16 others

👍 Like

💬 Comment

➦ Share





Helping Makes U Happy

October 16, 2019 · 🌐



Keith Caputo

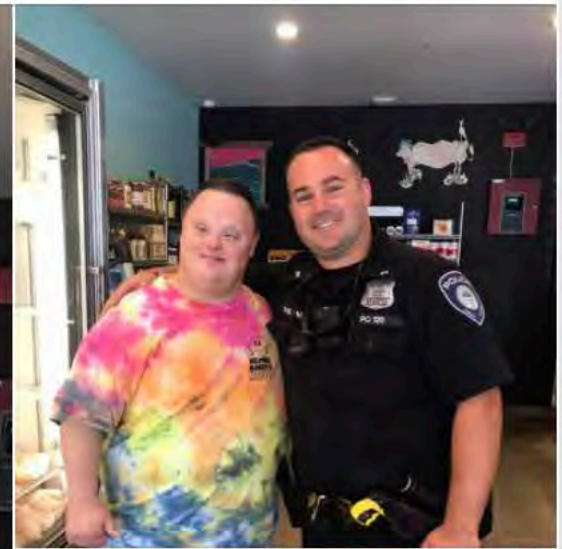
October 16, 2019 · 🌐

Today I had to take it slow, so only one stop for my chinese auction. It was a sweet one tho! 😊



Helping Makes U Happy

September 30, 2019 · 🌐



Keith Caputo is with Debbie Loesch and Meg Yako.

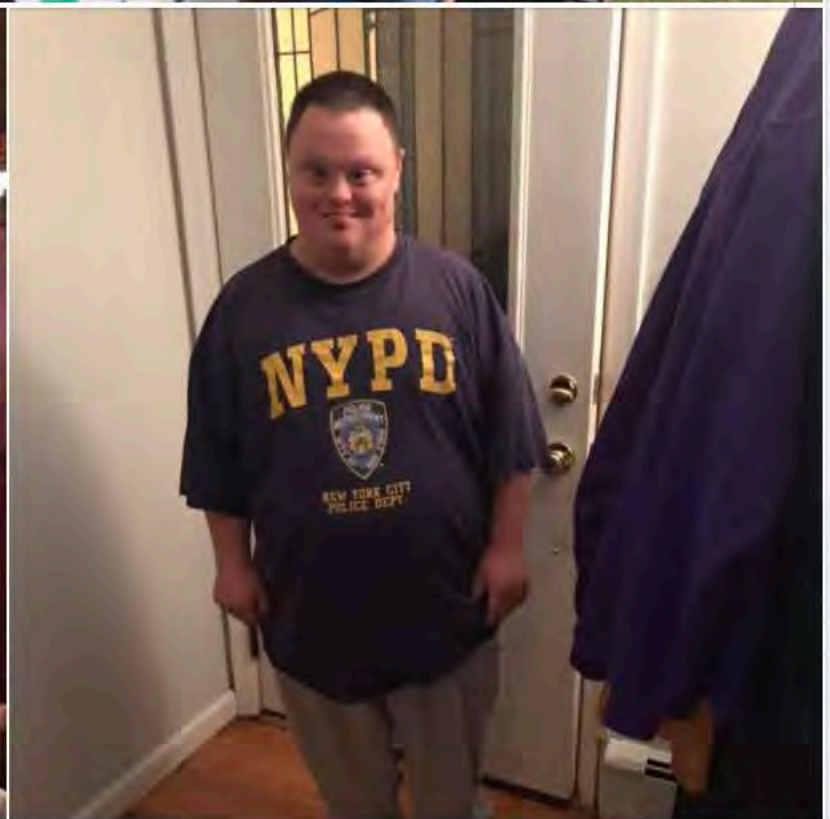
September 30, 2019 · 🌐

Today was a great day! Went from Center to Eastport to Westhampton back to E. Moriches then Patchogue. Got to see some of my favorite kinds of folks, got 12 donations for my auction and was so hoping to run into Theresa Caputo who was doing an event for the John Theissen Foundation in Patchogue so I could MAYBE ask her for a donation to my auction. You know- Caputo to Caputo? But I did manage to get my letter and brochure to John Theissen who said he'd give it to her manager. You never know- if you don't ask, you don't get, right? 😊. Anyway- here's my favorite pics from today- [Justin DeMarco](#), Officer Yakaboski, and [Debbie Loesch](#). Oh and a new donor Justin hooked me up with, Robbie Mozz(photo credit to Mom lol)



Helping Makes U Happy

September 30, 2019 · 🌐



Cassy Caputo is with Keith Caputo.

September 29, 2019 · 🌐

Sometimes I get caught up in the busyness of my day and, just like everything else you sometimes take for granted, it doesn't always occur to me that [Keith Caputo](#) is making a statement in his own way. Today he got dressed, we went to a meeting, then the Robotics car wash, lunch, and a few other places for auction donations. You can see what he's wearing this morning, his NYPD shirt-up until we went for donations. Then he changed into his HMUH shirt. It wasn't until we were leaving The Mill Roadhouse and he started changing his shirt as soon as we got into the car, that the light went on for me. "What're you doing Keith?" "An NYPD Officer lost his life Mom. I heard it on tv. I'm showing my respect." If we all only had a little Keith in us ❤️ 🚔 [#nevertobusytobecaring](#)



Helping Makes U Happy

August 22, 2019 · 🌐



Keith Caputo is with **Lisa Corn** and **Dorothy Leuenroth-Elliott**.

August 22, 2019 · 🌐

A great night with happy helpers filling 200 comfort cases for kids who need a little something to call their own. Thx to everyone who came to help and also to those who heeded my last minute call for toiletries. YOU ARE AWESOME ❤️



Helping Makes U Happy

July 31, 2019 · 🌐



Keith Caputo

July 31, 2019 · 🌐

The summer of AMAZING helping continues! So many donations, so many volunteers! This week we had the most fantastic sorters-Jack and Liam Cressy and their Mom Jen. Then we were blessed to receive bags and bags of non-perishables from the Encore Atlantic Shores food drive coordinated by our friend Linda from the Eastport Green Project (also an amazing group who continually helps us!). After that our friend and helper Ruth Ritchie came along with even more food from Sister Dears food bank! And today, even in the heat, we had so many delivery helpers I lost count! We also had a group of consumers from ACLD who came all the way from Hauppague to help! It's a GREAT summer of happy helping and we are so grateful! 😊



Helping Makes U Happy

May 3, 2019 · 🌐



Keith Caputo

May 3, 2019 · 🌐

<https://m.youtube.com/watch?v=mCgkl4Z8CH0...>



YOUTUBE.COM

Helping Makes U Happy Imagine Awards Winner 2019

Helping Makes U Happy, Inc. was the Winner of the Vanguard Insurance Agency Rising St...



Helping Makes U Happy updated their cover photo.

May 2, 2019 · 🌐



HMUH Founder [Keith Caputo](#) addressing the crowd after one of our wins!





Helping Makes U Happy

May 2, 2019 · 🌐



Some pics from the Imagine Awards Long Island! HMUH was the winner in the Rising Star category and the Facebook Fan Favorite winner too! It was a fabulous night at a great event bringing together the top non-profits on Long Island- so much networking and information in one place!! Thank you Cerinianandassociates.com and HilaryNeedleEvents.com, all the sponsors (for our categories Vanguard Insurance Agency and Nerds That Care), and staff who make this a reality!





Helping Makes U Happy

May 1, 2019 · 🌐



Keith Caputo

May 1, 2019 · 🌐

THE MONTH OF MAY WE ARE ALL ABOUT VETERANS!

Parents- caretakers- want to get your child started on the road to helping others in an easy way? We are making up treat bags for about 100 veterans to deliver to the Vets Food Pantry the week of 5/20?? We'd love some volunteers to color our white bags patriotically and make some thank you for your service cards. Let me know if you're interested- in the comfort of your home, at our bldg- whatever works 😊🇺🇸

And if anyone is interested in donating a " treat" here's what the vets would love: Toiletries, cookies, candys, cleaning supplies (bags are 8x4x10 so smaller items appreciated)



Helping Makes U Happy

February 23, 2019 · 🌐



Keith Caputo

February 23, 2019 · 🌐

Friends - our junior board chairs Kayla Mitchell and [Olivia Wheeler-Cooney](#) together with Morgen Montemurro will be hosting an indoor yard sale at the HMUH BLDG on Sat, 3/23 from 9-3 pm. Morgen has been nominated by her teacher to attend a special STEM forum this summer and the yard sale will assist her in raising the funds necessary to attend. If you are spring cleaning we will happily accept items- by appointment only (631-848-9008) up thru 3/20. No heavy furniture, books, tvs, computers, printers, or clothes please.



Helping Makes U Happy

February 19, 2019 · 🌐



Crafting Makes U Happy!



Who: Girls & Boys K-6th

What: Join HMUH Jr Board Chairs
Kayla Mitchell

& Olivia Wheeler-Cooney

for fun & free winter break
crafting activities.

Drink & snack provided.

When: Feb 19th, 11 am-1 pm

Where: Helping Makes U Happy

1 Neville St, Center Moriches



Keith Caputo is with Cassy Caputo and 3 others.

February 19, 2019 · 🌐

So much fun at Crafting Makes U Happy today- thanks to everyone who came and for all the donations!! Thx also to our special visitor 😊



Helping Makes U Happy

June 8, 2019 · 🌐

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DQ Sisters & Helping Makes U Happy come together to make Dad's day perfect!

Step 1: Come to Helping Makes U Happy, 1 Neville Street in Center Moriches, on June 10th, 11th, or 12th (Monday & Wednesday 5 - 8:30 p.m. Tuesday 3 - 5 p.m.) to create your custom edible for Dad!

Step 2: Hand it in to Keith & Cassy Caputo to order your custom edible image for an 8 inch or 10 inch cake!

Step 3: Schedule your pick-up at either Dairy Queen of Medford or Helping Makes U Happy and enjoy your cake with Dad!



Cake Prices
8" cake - \$28.99
10" cake - \$32.99
plus \$5 for
custom edible

Custom edible is a \$10 value but will be offered for \$5 for this event! All payments for the custom edible will be donated to Helping Makes U Happy! Cake priced separately.

Keith Caputo

June 8, 2019 · 🌐

Wouldn't the Dad figure in your life LOVE to see a cake you PERSONALLY drew for him? And who doesn't love ice cream?? Come join us!

P.S.: If you can't make the event times, let us know and we can arrange to scan and email the order forms 😊